Southwest Legacy High School Strength and Conditioning (F)



Legacy Girls Strength & Conditioning

Girls incoming 7th to 12 grade; Breakfast 8:00 - 8:30; Workouts 8:30 - 9:30; Skills 9:30 - 10:30

Camp Start Date: June 2, 2025 Start Time: 8:00:00 AM

Camp End Date: July 10, 2025 End Time: 11:00:00 AM

Date Details: Monday through Thursday; June 2 - July 10 (Off July 1-4)

Venue Name: Titan Gym 2

Venue Address: 13608 Watson Road, Von Ormy, TX 78073

Camp Cost: \$25.00

Questions: Coach Jennifer Bocanegra jbocanegra10180@swisd.net (210) 623 - 6539